

CYRENA

Informed Consent Form — Barber Services

Classic Cut, Skin Fade, Buzz Cut, Beard Grooming & Hot Towel Shave **Risk level: Low**

Services Covered

This consent form applies to: Classic Haircut · Skin Fade Haircut · Buzz Cut · Beard Grooming & Shaping · Hot Towel Shave · Hot Towel Shave Add-on · Beard Conditioning Treatment.

What to Expect

Barber services involve precision cutting, clipper and scissor work, straight-razor shaving, and professional beard grooming. The Hot Towel Shave uses a classic straight razor with hot towel preparation and aftershave balm finish.

Risks & Considerations

Barber services are low-risk. The following apply specifically to razor and shave services:

- Straight razor shave: minor nicks or irritation may occur, particularly on sensitive skin or areas with ingrown hairs.
- Hot towel: very rare risk of mild heat sensitivity. Clients with rosacea or skin conditions should advise their barber before the service.
- Aftershave balm: contains alcohol and fragrance. Clients with known fragrance sensitivity should advise in advance.
- Clipper contact: vibration from clippers may be uncomfortable for clients with scalp sensitivity or certain skin conditions.

Health & Skin Checklist

Health & Skin Question	Yes	No	If yes, please detail
Do you have any active skin conditions on the scalp or face (eczema, psoriasis, seborrhoeic dermatitis)?	☐ Yes	☐ No	Details: _____ —
Do you have ingrown hairs or folliculitis in the beard or shave area?	☐ Yes	☐ No	Details: _____ —
Do you have rosacea or significant skin sensitivity on the face?	☐ Yes	☐ No	Details: _____ —
Do you have any open cuts, sores, or active breakouts in the service area?	☐ Yes	☐ No	Details: _____ —

Are you taking blood-thinning medication (aspirin, warfarin)?	☐ Yes	☐ No	Details: _____ —
Do you have a known allergy to fragrance or alcohol-based aftershave products?	☐ Yes	☐ No	Details: _____ —

Aftercare Acknowledgement

- Apply the recommended post-shave balm or aftershave to soothe skin after a razor shave.
- Avoid touching or rubbing the freshly shaved area for 2–3 hours.
- Apply SPF to the shaved area if going outdoors immediately after your service.
- For beard conditioning: massage the provided beard oil into the beard daily for best results.

Photography & Social Media Consent

Cyrena Collective may wish to photograph or video the results of your service for use on our website, Instagram, and other marketing channels. This is always optional and your service will never be affected by your decision.

I consent to Cyrena Collective photographing/filming my results and using these images on social media and marketing materials. I understand my face may or may not be included, and I can withdraw this consent at any time.

I consent to photography of results only (e.g. hair, nails, lashes) — no face, no identifying features.

I do not consent to any photography or use of my image for marketing purposes.

CLIENT DECLARATION & SIGNATURE

I confirm that the information provided above is accurate and complete to the best of my knowledge. I understand the nature of the service(s) to be performed, the associated risks, and the aftercare requirements. I consent to the treatment proceeding on this basis.

This consent is valid for all barber services at Cyrena Collective from the date signed. Renewed annually or if your skin health changes.

Client full name: _____

Date of birth: _____ **Date of consent:** _____

Signature: _____

Therapist: _____